

THE MYSTERY OF SPACIOUS BEING

with

TARA ANDREA, TAWWABA BLOCH & MABOUD

The Hummingbird Wazifah Dance Retreat on October 10 to 13

And the Wazifah Sesshin with our guest, SARA MORGAN on October 13 to 16

At the Hummingbird Music Camp, Jemez Springs, NM

"The air I am breathing was exhaled in ecstasy by an ancient sun.

This earth I am standing on was born of cosmic fire.

The blood flowing through my veins is as salty as the primordial ocean.

The space permeating my body is infinite as the space all around.

Above, below, to all sides, within, the elements of the universe

are engaged in their ceremony of delight. This is my religion.

The attraction between suns is the same as the love pulsating in my heart." Radiance Sutras



Photo from Lama Foundation by Paul DeLapa

- How do we nurture our ability to be receptive to the light of spacious aliveness?
- In what ways can we soften and surrender self-imposed boundaries so that we may return, again and again, to the spaciousness of our being?
- Is there a living relationship between our sincerity and spacious being that invites us to explore the Present?
- Are there strategies that we unknowingly activate in order to remain separate from the inescapable wholeness of life?
- Where does trust, love and intimacy come into play with spacious being?
- What does our mental inclination to organize life into categories and beliefs have to do with spacious being?

As a wazifah caravan of beloveds we will contemplate these questions and more through wazifah inspired dances, meditation, breathing practices, embodiment processes, silence and group sharing. During the Sesshin portion, silence will inform us and be a guide as we share wazifah dances and attune to nature around us. Social Silence begins Monday morning and ends Wed. breakfast.

The Weekend Dance & Wazifah Immersion:

Starts on Thursday 10/10, with dinner at 6:00 pm and concludes with Sunday lunch 10/13.

Wazifah Sesshin:

Starts on Sunday 10/13 with dinner at 6pm and concludes with Wednesday lunch 10/16.

There will be social silence Monday morning thru Wednesday morning. There will be a sharing circle for retreatants of offer any insights or inspirations that arise during the Sesshin.

MEALS: ONLY VEGETARIAN FOOD WILL BE SERVED

LODGING: 2 persons shared room/bring your own bedding: All bathrooms/showers are shared. Campers are responsible to bring their own gear and can use showers in housing units

The retreat fee covers only expenses, such as food and lodging for participants and staff, insurance, and some staff travel. All participants are invited to contribute ***Dana*** to honor the dedication of the retreat leaders for preparation, behind the scenes work and leading of the retreat. We suggest a range of **\$33-\$101 per day/person**. You are encouraged to feel into the value and inspiration that you receive from the retreat and what is within your means, which may be higher or lower than what’s suggested.

Thank you for offering your Dana in addition to the basic cost of the retreat.

Write checks to Dances of Universal Peace Santa Fe:

Mail with registration form to NurAlima Lin Reams, 4162 Midnight Owl, Santa Fe, NM 87507
After 9/18, add \$50 to Registration Fee. Cancellation fee is \$50.00. No refunds after 10/9,
Questions: linreams@centurylink.net, 505-424-0669

Help us to make this a fragrance-free event!

The Mystery of Spacious Being Registration Form – please print, fill in/circle and mail with your check

Name: _____ Address _____

Phone _____ Email: _____

Long weekend (Thursday dinner – Sunday lunch) Shared Room \$300/Camping \$255/Commuter \$210
Sesshin (Sunday dinner – Wednesday lunch): Shared Room \$265/ Camping \$220/ Commuter \$175
Optional Bedding Rental \$10: Yes or No TOTAL PAYMENT: _____

FOOD OPTIONS: Gluten Free / Dairy Free

ANY SEVERE FOOD ALLERGIES: _____

EMERGENCY CONTACT: _____

ANYTHING ELSE YOU WOULD LIKE US TO KNOW: _____